

[DIABETIC DIET RECIPES EASY](#)



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A fabulous blueberry coffee cake with a crumb topping. This recipe is one from a local B&B that I replaced all the sugar with substitutes because I have diabetes. I have received all praise and 'I can't believe it is sugar free.' The sugar can be put back in if you want. Either way it is wonderful.

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Easy Diabetic Recipes Reader's Digest

This soup is one of the staple diabetic recipes at our house. It's fast, easy, yummy and so nutritious filled to the brim with carrots and broccoli! Recipe shared by Sandy Smith, London, Ontario.

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